

The background is a photograph of a dense evergreen forest, likely a spruce or fir forest, with trees covered in snow. Overlaid on the image is a large, semi-transparent circular logo. The logo features a stylized mountain peak in the center, with a blue and green color scheme. The text "MOUNTAINLIFE 208" is written in a bold, blue, sans-serif font at the top of the page.

MOUNTAINLIFE 208

90-DAY CREATOR CHALLENGE

A simple daily action plan
to build momentum,
clarity, and income

MOUNTAINLIFE 208



THIS IS NOT A GET-RICH-QUICK SYSTEM.

THIS CHALLENGE IS ABOUT SHOWING UP DAILY,
KEEPING THINGS SIMPLE,
AND BUILDING MOMENTUM THROUGH
CONSISTENT ACTION.

YOU FOCUS ON ONE MAIN THING AT A TIME.
NO OVERWHELM. NO PRESSURE. JUST
PROGRESS.

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THE 3 PHASES

PHASE 1 (DAYS 1-30): FOUNDATION
CLEAN UP YOUR ONLINE PRESENCE
DEFINE OR REFINER YOUR NICHE
SET UP YOUR BASIC TOOLS

PHASE 2 (DAYS 31-60): CONSISTENCY
POST DAILY
IMPROVE
CLARITY AND
CONFIDENCE
ENGAGE WITH
YOUR AUDIENCE

PHASE 3 (DAYS 61-90):
MONETIZATION
IDENTIFY
INCOME
OPPORTUNITIES
ADD SIMPLE
OFFERS
IMPROVE WHAT
ALREADY
WORKS

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DAILY RULES

1. SHOW UP DAILY (EVEN
5 MINUTES COUNTS)
2. KEEP IT SIMPLE
3. DONT COMPARE
4. DONT QUIT

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DAYS 1-30

FOCUS: SETUP &
CLARITY

DAILY ACTIONS:

- CLEAN YOUR PROFILE
- OPTIMIZE BIO + LINK
- POST ONCE PER DAY
- LEARN BASIC TOOLS

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DAYS 31-60

- FOCUS:
CONSISTENCY
- DAILY ACTIONS:
- POST DAILY
- IMPROVE CONTENT
CLARITY
- EXPERIMENT WITH
FORMATS
- ENGAGE WITH
COMMENTS

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DAYS 61-90

- FOCUS:
MONETIZATION
- DAILY ACTIONS:
 - IDENTIFY OFFERS
 - ADD LINKS TO YOUR BIO
 - IMPROVE CONVERSION
 - TRACK WHAT WORKS
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FINAL NOTE

CONSISTENCY CREATES
CLARITY.
YOU DON'T NEED
MOTIVATION.
YOU NEED MOMENTUM.